

How healthy are Hawaii County residents compared to the State of Hawaii?

This report shows the health of the people of Hawaii County continues to be below the state average. The goal of this report is to clearly identify the large health disparities in Hawaii County and their causes, in order to engage stakeholders, mobilize resources and improve health and healthcare in Hawaii County.

Why is the health of Hawaii County worse than the State of Hawaii?

Differences in the health of populations are related to differences in three modifiable areas:

- ▶ Social and economic determinants
- ▶ Health-related behaviors
- ▶ Health systems, especially access to healthcare

Hawaii County has differences in each of these three categories which are documented in this report. The data suggests the health of Hawaii County residents is related in part to lower income per capita, more income disparity, higher smoking, and binge drinking rates, higher obesity rates and significantly lower access to healthcare.

What will help most to improve the health of the people of Hawaii County?

Improving the health of the people of Hawaii County will require interventions in each of the three modifiable areas.

- ▶ Improve income per capita by
 - Improving education,
 - Economic development of the education, science, energy and health sectors, and
 - Workforce development of the same sectors.

- ▶ Systems and individual changes to reduce smoking, problem drinking, and underlying depression.
- ▶ Improve access to healthcare by,
 - Growing the primary care workforce and
 - Increasing the proportion of the population who have healthcare insurance and a usual source of care.

Please see Summary, Progress and Recommendations on pages 40-42 for more details. Also, please see www.countyhealthrankings.org

“Health is a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity”
-The World Health Organization¹



Team Building in Waipi'o Valley