

Appendix A – Healthy People 2020 Leading Health Indicators

The Healthy People 2020 Leading Health Indicators:

- ▶ Physical Activity
- ▶ Overweight and Obesity
- ▶ Tobacco Use
- ▶ Substance Abuse
- ▶ Responsible Sexual Behavior
- ▶ Mental Health
- ▶ Injury and Violence
- ▶ Environmental Quality
- ▶ Immunization
- ▶ Access to Healthcare

"Great strides have been made over the past decade: life expectancy at birth increased; rates of death from coronary heart disease and stroke decreased. Nonetheless, public health challenges remain, and significant health disparities persist.

The Healthy People 2020 Leading Health Indicators place renewed emphasis on overcoming these challenges as we track progress over the course of the decade. The indicators will be used to assess the health of the Nation, facilitate collaboration across sectors, and motivate action at the national, State, and community levels to improve the health of the U.S. population."

-Healthy People 2020